




ELEMENTARY SCHOOL BREAKFAST

September 2019

Offered Daily

Seasonal- Fresh Fruit or Fruit Juice

1% White

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Yogurt Cup W/Cereal Chilled Fruit Cup	4 Cinnamon Roll Fruit Juice Jelly	5 Chicken Biscuit Chilled Fruit Cup Jelly	6 French Toast Sticks Fruit Juice Syrup
9 Mini Pancakes Fruit Juice Syrup	10 Breakfast Pizza Chilled Fruit Cup	11 Cinnamon Roll Fruit Juice Jelly	12 Sausage Biscuit Chilled Fruit Cup Jelly	13 Yogurt Cup/Cereal Fruit Juice
16 Sausage Kolache Fruit Juice	17 Yogurt Cup W/Cereal Chilled Fruit Cup	18 Cinnamon Roll Fruit Juice Jelly	19 Chicken Biscuit Chilled Fruit Cup Jelly	20 French Toast Sticks Fruit Juice Syrup
23 Mini Pancakes Fruit Juice Syrup	24 Breakfast Pizza Chilled Fruit Cup	25 Cinnamon Roll Fruit Juice Jelly	26 Sausage Biscuit Chilled Fruit Cup Jelly	27 Yogurt Cup/Cereal Fruit Juice
30 Sausage Kolache Fruit Juice				



WHY EAT SCHOOL BREAKFAST???

SchoolBreakfast really is the most important meal of the day for kids as it provides the necessary fuel to start a day of learning and achievement.

Higher Academic Scores

Students who eat breakfast earn, on average, a letter grade higher in math than kids who don't

Improved behavior

Hungry children are more likely to have discipline problems

Reduced tardiness and absenteeism

Kids who participate in the School Breakfast Program are tardy and/or absent from school less.

This Product is funded by USDA. This institution is an equal opportunity provider.