

March 2019

HIGH SCHOOL LUNCH

Offered Daily
 Cheese Sandwich
 Seasonal- Fresh Fruit
 1% White Or Fat Free Flavored Milk
 Romaine Garden Salad
 Buttermilk Ranch Dressing

Monday	Tuesday	Wednesday	Thursday	Friday
				JALAPENO POPPER CHICKEN SANDWICH CHEESEBUGER Sweet Potato Fries Burger Salad Chilled Tropical Fruit Ketchup/Mayo/Mustard
Baked Chicken Salisbury Steak Home-style Mashed Potatoes Southern Style Turnip Greens Chilled Mixed Fruit Corn Bread Sugar Cookie	Cajun Red Beans & Rice w/ Sausage Chicken & Sausage Gumbo w/ Rice Creole Green Beans Carrot Sticks 100% Fruit Slush Cup Crackers	Frito Pie Grilled Cheese Sandwich Tomato Vegetable Soup Seasoned Corn Fruit of The Month/Chilled Mandarin	Chicken Fajita Nachos Smothered Burrito Spanish Rice Santa Fe Blend Veggies Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno/Salsa/Sour Cream	Patty Melt Crispy Fish Nuggets w/ Roll Crispy French Fries Seasoned Pinto Beans Burger Salad Strawberry Fruited Jello
Spring Break!				
Texas Country Bowl Country Steak Fingers Mashed Potatoes Steamed Corn Rosy Applesauce WG Rolls/Cream Gravy	Creamy Chicken Alfredo Spaghetti W/Zest Meat Sauce Italian Green Beans Glazed Carrots 100% Fruit Slush Cup	WQS Bistro ½ Sandwich-Small Chef Salad-WG Chips Loaded Baked Potato-Small Chef Salad Soup n Salad Broccoli & Cheese Soup-Small Chef Salad- Garlic Bread Stick Corn On Cobb Fruit of The Month/Chilled Mixed Fruit Green Onions/ Shredded Cheese/ Sour Cream Cinnamon Rolls	Chicken Cantina Bowl Crispy Beef Tacos (2) Spanish Rice/Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese/Sour Cream	Jalapeno Popper Chicken Sandwich Krunchy Fish Sandwich Sweet Potato Fries Burger Salad Chilled Tropical Fruit Ketchup/Mayo/Mustard
Cheesy Chicken & Rice BBQ Meatballs W/Steamed Rice California Blend Vegetables Chilled Peaches WG Rolls Chocolate Chip Cookie	Asian Sweet-N-Sour Chicken W/ Fried Rice Chicken Fried Rice Stir-Fry Cabbage 100% Fruit Slush Cup WG Rolls	Toasted Ham and Cheese Sandwich Baked Potato Bar Diced Ham/ Cheesy Chicken Seasoned Corn Beef Vegetable Soup Green Onions/Shredded Cheese/Sour Cream Fruit of The Month/Blushing Pears	Cheesy Chicken Quesadilla Tamale Pie Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno/Salsa/Sour Cream	Chicken & Waffles Crispy Fish Nuggets W/ Roll Hash Browns Veggie Cup Blueberry Fruited Jello Syrup

BASKETS
Salad
Grab n Go
CREATIVE WORKS

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets W/ Roll Ketchup	Chicken Strip Sandwich Seasoned Fries Mayo, Mustard, Ketchup	Turkey Sandwich Deli Salad Baked Chips Mayo, Mustard, Ketchup	Corn Dog Baked Chips Ketchup, Mayo, Mustard	Mac Rib Sandwich Fries Mayo, Mustard, Ketchup
Yogurt and Cheese Plate	Ham Chef Salad	Ham & Cheese Protein Pack	Frito's Loco Beef Taco Salad	Chef Salad w/Tuna
Top Your Own Salad Romaine and Spinach Popcorn Chicken/Diced Ham/Chicken Fajita Shredded Carrots/Red Onions/Tomatoes/Cucumbers Shredded Cheese/Black Olives Crackers/Garlic Breadstick	Build Your Own Rice Bowl Steamed Rice Cheesy Chicken/BBQ Meatballs Shredded Cheese Tortilla Chips /Roll Lettuce W/ Diced Tomatoes Black Bean And Corn Salad Salsa / Jalapeno/ Green Onions	Top N Go Tortilla Chips/Doritos Taco Beef/Chicken Fajita Cheese Sauce Spanish Rice/Refried Beans Lettuce W/ Diced Tomatoes Salsa / Jalapeno	Mac N Cheese Explosion Cheddar Mac N Cheese Three Cheese Mac N Cheese Ground Beef/ Chicken Fajita/ Buffalo Chicken Garlic Bread Stick Sautéed Spinach Siracha Sauce Salsa/ Salsa Verde	Asian Wok Grilled Chicken Popcorn Chicken Zesty Orange Sauce Sweet & Sour Sauce Teriyaki Sauce Steamed Rice/Noodles Asian Stir-Fry/Orange Green Beans