

BRECKENRIDGE INDEPENDENT SCHOOL DISTRICT
STUDENT HEALTH ADVISORY COMMITTEE
2007-2008

MINUTES:

The Breckenridge Independent School District Student Health Advisory Committee met on Monday, October 22, 2007, at 4:00 P.M. in the Board Room of the School Administration Building, 212 North Miller, Breckenridge, Texas.

The following committee members were present:

Linda Sims	Shai Berry	Grant Atkinson
Sue Brown	Kody Knight	Bryan Dieterich
Robin Heidelberg		Tonya McKenzie
Tyshawna Harris		Debbie Mitchell

Those not present were as follows: Andy Channer, Leslie Gomez, Jamie Walker, and Barbara Collingsworth

Meeting was called to order and each member was introduced.

Susan Graham, School Health Consultant, from Region 14 Educational Service Center presented power point training on the role of a SHAC (School Health Advisory Council). She handed out a guide about the basic principles of the SHAC, function of a school district SHAC and recruitment & orientation of new SHAC members. She emphasized that the following eight components should be the priority focus areas for the SHAC.

1. Health Services
2. Healthy and Safe School Environment

3. Counseling and Mental Health Services
4. Staff Wellness Promotion
5. Parent and Community Involvement
6. Physical Education
7. Health Education
8. Nutrition Services

She also gave each member a hand out that listed School Health bills that were passed during 80th Legislative Session.

Robin Heidelberg told us about BISD's Wellness Program. Members discussed need for student wellness programs. A committee was formed to develop a student program that would involve teacher verses student competitions. Committee members are; Robin Heidelberg, Tyshawna Harris & Shai Berry.

Sue Brown, School Nutrition Director, discussed school nutrition policies.

Old Business and Reports;

- Barbara Collingsworth was to give a report on the Walking Club but was not at the meeting. A member did report that time restraints had been a major problem in getting the club going; however some North Elementary staff was walking after school.
- Grant Atkinson said that the Drug Intervention classes at South are in the works. He is working with the Fire Chief to set the program up and arrange class times.
- Linda Sims gave a report on the drug testing for U.I.L. students at Jr. High and High School. She said that things had gone rather well having only a few problems come up during the testing. When you take into consideration the large number of students tested and this being our first time to test everyone is really pleased.

- The following Officers were elected:

Chairman; Shai Berry

Co-Chairman: Linda Sims

Secretary: Tonya McKenzie, RN

Meeting was adjourned

Respectfully Submitted,

Tonya McKenzie, RN