

The BISD School Health Advisory Meeting (SHAC) met Wednesday, Oct. 8, at the BISD Board Room.

BISD staff members present at the meeting were: Linda Sims, Jeff Fleenor, Robin Heidelberg, Barbara Collinsworth and Sue Brown. Citizen members present were Kody Knight, Sherlee Love, Rob Durham, Deanna Post, Shai Berry and Johnna Evans.

The meeting was called to order at about 4:15 p.m. by Shai Berry, who introduced the new members.

New Officers were elected. They were: Chairman, Shai Berry; Vice-Chair, Deanna Post and Secretary, Rob Durham.

The group addressed SHAC training for BISD, which would be used to address health issues such as: health education, physical education, health services, nutrition services, a healthful school environment, counseling, psychological and social services, health promotion for staff and family and community involvement.

The committee discussed issue affecting health and learning. They were identified as: tobacco use, unhealthy dietary behaviors, inadequate physical activity, alcohol and other drug use, sexual behaviors that result in HIV infection other STDs and unintended pregnancy, hone lives and staph prevention.

Old Business:

Random Drug Testing—966 students were tested over the course of the 2007-2008 school year. 935 were negative: 31 were positive. 28 were cocaine/marijuana related, and 3 were amphetamines.

WAIT Training—Tonya McKenzie will be trained for the WAIT Training classes to be taught through the BISD health program. Committee members also suggested local churches become more involved in the preparation and continuing education through WAIT.

P.E. Assessment—North Elementary P.E. teacher Barbara Collinsworth gave a report on the Fitnessgram scoring. BISD was in good standing and she participated in the training for those who will conduct the scoring at all BISD campuses.

New Business:

Drug Dogs—A new canine unit from Abilene has been used for the district. 18 hits have been found. The cost is \$250, compared to the previous amount of \$750 with no hits.

Staff Changes: Staff changes were: South Elementary P.E.-Lynn Osborne and East Elementary P.E.-Janet Dossey. Barbara Collinsworth continues to be the North Elementary P.E. teacher.

Wellness Program—Robin Heidelberg, school nurse, spoke on the importance of having

a wellness program. She said it was important for everyone to have some sort of fitness program daily. Also, she announced the flu shot clinic would be on Oct. 20 at the BHS Conference Room.

School Nutrition-Sue Brown reported that school policies must be followed during all lunch time and snack hours at all campuses. Any questionable items must be passed through the BISD nutrition department.

The meeting adjourned at approximately 5:30 p.m.