

BRECKENRIDGE INDEPENDENT SCHOOL DISTRICT
STUDENT HEALTH ADVISORY COMMITTEE

MINUTES

The Breckenridge Independent School District Student Health Advisory Committee met on Tuesday, February 3, 2009, at 4:00 P.M. in the Board Room of the School Administration Building, 210 North Miller, Breckenridge, Texas.

The following committee members were present:

Shai Berry	Sue Brown	Debbie Mitchell
Barbara Collinsworth	Jonna Evans	Kody Knight
Tonya McKenzie	April Lechner	Deanna Post
Linda Sims		

Those not present were as follows: Rob Durham, Jeff Fleenor, Robin Heidelberg

Welcome: Chairperson, Shai Berry, called the meeting to order and welcomed guest.

Old Business and Reports:

- **Random Drug Testing:** Linda Sims, District SHAC Coordinator, reported that the district had chosen to use a different drug dog company instead of going with the one that has been used for the past several years. She also stated that the schools had seen a decrease in the number of students who were identified through the drug dog visits as well as the random drug testing. Those who have tested positive must attend counseling.
- **“Wait Training” Program:** Tonya McKenzie, School Nurse, was chosen as the “Wait Training” instructor for the district. She reported that she had attended certification training in Georgia during the first semester and was excited about beginning the program in grades 7-12. Plans are to teach the curriculum to as many students as possible. Originally, the health and physical education classes were the focus of the instruction; however, these classes are small and only a small number of students who would be able to take part. Therefore, the decision was made to utilize Mrs. Brannon’s Spanish class one day a week for a nine week period at the end of the year in order to teach the curriculum to a larger number of students. Spanish is not a core subject and is test through the state assessment program.
- **Physical Education Assessments:** Barbara Collinsworth, Fitness Gram Coordinator for the district reported that all personnel responsible for testing students in grades 3-12 had been trained and were ready to begin later this spring. Physical education teachers and coaches would test and assist in inputting the data on the spreadsheet provided by TEA.
- **School Nutrition:** Sue Brown, BISD Food Service Director, told the committee that everything was going well in food service.

New Business:

- **Regional SHAC Coordinators Meeting:** Mrs. Sims attended the SHAC Coordinator's meeting at Region 14 Educational Service Center on January 21, 2008. She stated that most of the coordinators attending were nurses or food service directors. Susan Graham, SHAC consultant at Region 14, had asked Mrs. Sims to talk about the BISD SHAC Council because it had been very successful. Mrs. Sims stated that many of the 35 or so coordinators expressed concerns about how difficult it had been to get their SHAC up and running. Mrs. Sims shared that it was most important to have the right people on the committee. She told the BISD committee how delighted she was to be able to share our committee's success. Mrs. Sims brought back many ideas and resources to share with members.
- **Breckenridge Skateboard Park:** Jonna Evans reported on the skateboard facility in Allen, Texas. The complex was outstanding and offered families many activities along with skateboarding. Mrs. Evans brought handouts with information about the facility.

Linda Sims, shared with the committee what she had visited the Mineral Wells Skateboard Park that is located in the city park. She has talked spoken with Donald Hoover, Parks and Recreation Director for Mineral Wells, who was instrumental in coordinating efforts to have the skateboard park built. Mr. Hoover stated that the community was very involved in building the park. Almost half of the funding came from donations. Many of the churches were instrumental in raising money for the project. He gave us a great deal of information on what Mineral Wells had experienced, the company that they had used to build the park and was very positive about the success of the facility.

The committee discussed revealed that there were others in the community who were also interested in a skateboard park project for Breckenridge. The committee decided to have a meeting and invite all interested parties in order to discuss the possibilities and coordinate efforts. Shai Berry she would set up a time when we could all meet with the Breckenridge City Manager to discuss feasibility, location, and funding. Committee members were asked to invite to the meeting those from the community who would be interested in helping with the project. The date of the meeting will be announced and committee members will receive notice in a letter as soon as a date is set.

The meeting was adjourned.