

BRECKENRIDGE INDEPENDENT SCHOOL DISTRICT  
STUDENT HEALTH ADVISORY COMMITTEE

MINUTES

The Breckenridge Independent School District Student Health Advisory Committee met on Wednesday, April 16, 2008, at 4:00 P.M. in the Board Room of the School Administration Building, 210 North Miller, Breckenridge, Texas.

The following committee members were present:

Shai Berry	Sue Brown	Andy Channer
Barbara Collinsworth	Robin Heidelberg	Kody Knight
Tonya McKenzie	Tyshawna Harris	Linda Sims

Those not present were as follows: Grant Atkinson, Bryan Dieterich, Leslie Gomez, Debbie Mitchell, Jamie Walker

**Welcome:** Chairperson, Shai Berry, called the meeting to order and welcomed guest.

**Committee Reports:**

**Youth Wellness Committee:** Robin Heidelberg reported her plan to initiate the student wellness program on the third and fourth week of the last six weeks. She will be using the score cards that she had developed for assessing results.

**Drug Intervention:** Grant Atkinson was unavailable for a report.

**School Nutrition:** Sue Brown informed the committee that all campuses in the District would be having Cowboy Cookouts and parents, grandparents, and guardians were invited. Due to the tornado, fewer guest attending the South cookout. Many were involved with cleanup following the storm. Cookouts are planed on each campus. The last will be at North on May 2, 2008.

**Physical Education Student Assessments:** Barbara Collinsworth, North Elementary PE Teacher, reported that most of the people responsible for conducting the PE assessments had received the necessary training. The program is well on its way with North Elementary having completed the assessment. Junior High is currently in the process. With Coach Boulward being ill, there may be a possibility that others would be assigned to complete the South Elementary assessments. Secondary grades, 7-12, will be pulling the students who are not involved in PE classes or athletics to test at according to their schedules.

**Sex Education – “Worth the Wait” Program:** Kathey Collinsworth presented the “Worth the Wait” program to the SHAC committee. The committee is looking at two programs to decide which program best meets the needs of the district before making a recommendation to the Board of Trustees. Mrs. Collinsworth, our seventh grade science

teacher, has been teaching the sex education curriculum as a part of her science program. She stated that because of the outdated information in the currently adopted curriculum, she has supplemented some of the “Worth the Wait” curriculum into her class presentations. Most of what she has used was updated statistical information and well as information that is more relevant to today’s youth. She gave an overview of the program from the “Worth the Wait” website. Mrs. Collinsworth provided the committee with a handout and answered questions. Members viewed the student material that is part of the program package. There were many similarities to both programs reviewed by the committee. Because community involvement is an important component to this program, some members discussed attending a community meeting in Hico, Texas to gain more information on how those meetings were conducted and what information was provided.

The committee invited Mrs. Collinsworth back for another meeting in which representatives of both programs will be available to answer questions as the committee makes a decision on which program they would recommend. Some committee members only had the opportunity to hear one of the presentations; therefore another meeting will be called in May to assure that everyone has an opportunity to make an informed decision.

The meeting was adjourned at 4:35 p.m.