

BRECKENRIDGE INDEPENDENT SCHOOL DISTRICT
STUDENT HEALTH ADVISORY COMMITTEE
2007-2008

MINUTES:

The Breckenridge Independent School District Student Health Advisory Committee met on Wednesday, September 30, 2009, at 4:00 P.M. in the Board Room of the School Administration Building, 212 North Miller, Breckenridge, Texas.

The following committee members were present:

Shai Berry	David Brownrigg	Barbara Collinsworth
Paula Chisholm	Bryan Dieterich	Rob Durham
Efrain Gonzales	Pam Griffith	Kody Knight
April Lechner	Debbie Mitchell	Mary Ann Olson
Deanna Post	Linda Sims	

Those not present were as follows: Robin Heidelberg, Sue Brown, Tonya McKenzie, Sherlee Love

Guest Present: Christy Biebighauser, Childhood Hunger Program Coordinator with the Food Bank of West Central Texas in Abilene and Susan Graham, Consultant for School Operations with the Region 14 Educational Service Center in Abilene.

Shai Berry, Chairman, call the first meeting for the 2009-2010 school year to order. Members introduced themselves and special guest were introduced by BISD SHAC Coordinator.

Linda Sims conducted the SHAC Training with a power point explaining the roles and responsibilities of the School Health Advisory Committee. Following the presentation, Mrs. Sims told the committee that she had been approached during the summer concerning the "Backpack for Kids" program coming to Breckenridge. She felt that this was a project that the SHAC would want to sponsor. Christy Biebighauser, Childhood Hunger Program Coordinator with the Food Bank of West Central Texas located in Abilene was present to explain the program to the committee members. Ms. Biebighauser gave an overview of the program informing the committee that sixty students in Breckenridge would be able to participate in the program. Each student would be given a backpack filled with enough food to allow them to eat over the weekend. They would return the backpack every Monday and pick up the filled bag each Friday to take home. If students fail to return the backpack, they would not be able to receive food. Confidentiality is crucial. Much care would be taken in identifying students and their siblings. Letters would be sent home for parental consent. This program is paid for with grant funds and therefore, will not cost the district for at least one year. The committee agreed that there was a great possibility that more students could be served with private donations when individuals and organizations in the community found out about the

program. A committee was established to work out the details in order so that the program would begin quickly. Members of that committee include: Sue Brown, Paula Chisholm, April Lechner, Efrain Gonzales, Pam Griffith, Deanna Post, Leslie Dempsey, Shai Berry, and Linda Sims.

Susan Graham, with the Region 14 Educational Service Center in Abilene came to provide the committee with a legislative update on new laws that will affect SHAC committees throughout the state. The Legislature now requires that the School Health Advisory Councils meet four times each year. Each council must have a minimum of five members. The SHAC will report directly to the school board at least once annually with a detailed account of activities and recommendations. Mrs. Graham suggested that they make their report at the end of the school year. She advised that according to the law a parent was to serve as chair or co-chair of the SHAC. The committee will be asked to recommend indicators for evaluating effectiveness of the Coordinated School Health Programs. She also shared new laws affecting the Coordinated School Health program, physical education, health education, and high school graduation requirements.

Mrs. Berry updated the committee on the “skateboard park” project. She gave them a copy of the survey that was completed by Cody Owen, a local surveyor, Mr. Owen donated time and effort to completing this task. There was much discussion concerning the project which included steps that would be necessary to move the project forward. Mrs. Berry suggested that we develop a proposal to be presented to the city council. She emphasized the importance of providing research on every facet of the project to make sure that the proposal was complete and every question addressed. A committee was formed to do the research and write the proposal. Once completed, the committee would ask to be placed on the agenda for the next regular city council meeting to present their findings and ask for city support. Mrs. Berry stated that she was confident that this project could be successful and expressed the need to provide something positive for the kids of our community. The Skateboard Park Committee includes: Rob Durham, David Brownrigg, Barbara Collinsworth, Mary Ann Olson, Shai Berry and Linda Sims.

Prior to adjournment, the committee members present received flyers concerning the H1N1 flu from the Centers for Disease Control and Prevention. The information had been distributed to the BISD student body in an effort to prevent an epidemic in the community. Everyone is being encouraged to heed the precautions address in the flyer.

The committee adjourned at 5:45 p.m.