

BRECKENRIDGE INDEPENDENT SCHOOL DISTRICT  
STUDENT HEALTH ADVISORY COMMITTEE  
2010-2011

MINUTES:

The Breckenridge Independent School District Student Health Advisory Committee met on Wednesday, December 7, 2011, at 4:00 P.M. in the Board Room of the School Administration Building, 212 North Miller, Breckenridge, Texas.

The following committee members were present:

|                |                |                      |
|----------------|----------------|----------------------|
| Paula Chisholm | Sue Brown      | Barbara Collinsworth |
| Kody Knight    | Mary Ann Olson | April Lechner        |
| Nocona Perkins | Cheyenne Gill  | Rob Durham           |
| Janet Nelson   | Linda Sims     |                      |

Those not present: Shai Berry; Pam Griffith; David Brownrigg; Teeny Pearce; Robin Heidelberg; Linda Colbert; Efrain Gonzales

**Call to Order:** 4:00 p.m.

**Minutes:** Paula Chisholm called the meeting to order. The committee reviewed the minutes from the last meeting. Several changes were suggested.

**Backpack Financial Report:** Linda Sims presented to the committee the financial report that reflected all donations, expenditures and balance of the activity fund set up for the Backpack program. The committee learned with donations, the balance is \$1003.23. The decision was made to present the financial report twice each year unless otherwise requested.

**Projects:** The committee reviewed all possibilities before choosing the 2011-2012 projects.

- **“Healthy Heart Celebration”:** Barbara Collinsworth would chair the Healthy Heart Celebration. The date for the event was discussed and February 16, 2012, was chosen to coincide with Heart Month. The plan is to have the entire event in the Cooks gym if available. Barbara provided the committee with a handout from last year’s event. The committee discussed what changes or additions would help make this year even more successful. She was going to contact Shane Brooks and Krystal Hash to make sure there would not be a conflict with the Little Dribbler’s program for that date. If chosen, preparations for the event would need to be finalized at the next meeting held in January to have the event in February..
- **“Three on Three Basketball Tournament”:** The committee discussed the possibility of a three on three tournament for spring 2012. Kody Knight and Rob

Durham would chair this event. There was discussion on participants and how the tourney should be organized. Since the SHAC is not funded, this would serve as a fundraiser for other SHAC activities. A possible event date in May, 2012, was also discussed.

- **“Shoes for Kids”:** Nicona Perkins brought information on this project. Shoes would be donated and could be distributed when we distribute school supplies.
- **“Walk Across Texas”:** Janet Nelson, Stephen’s County Extension Agent, and the Extension Office are sponsoring “Walk Across Texas” around the first of June. She is already planning the event and, as a SHAC member, would like to have SHAC support those efforts. It was suggested that SHAC might have a team to participate. All teams would keep track of the miles they walk with the teams that walk the most winning prizes. This is to improve community health and inspire community involvement.
- **One More Fitness:** Cheyanne Gill contacted the owner of One More Fitness Center to ask about the SHAC using it to promote healthful activities to benefit school personnel. She reported that the new fitness center was willing to work with the SHAC on a school project by allowing us to have access to the facility at a lower group rate. Cheyanne stated that the owner wants to help in any way she could.

After discussion and consideration, the projects chosen for 2011-2012 were the “Healthy Heart Celebration” and the “Three on Three Basketball Tournament”. The committee also committed to support the “Walk Across Texas” project.

**Next Meeting:** The next SHAC meeting will be January 18, 2011.

Adjournment: